



**Alameda Oral
Surgery Group**
ANTELOPE VALLEY • BURBANK • NEWHALL

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Pre-operative instructions

On the day prior to surgery, please drink plenty of fluids

1. Nothing to EAT or DRINK, including water, 8 hours prior to surgery. Take your medications as per your doctor's instructions with a small sip of water only.
2. You NEED a driver. The driver MUST remain in our office while you are in surgery. If under 18, your parent or guardian MUST be present.
3. If you have a cold, sinus congestion, or the flu during the week before your surgery date, please call our office.
4. Do not wear contact lenses.
5. If you use an inhaler, please bring it with you to your appointment.
6. No jewelry in or around the mouth or nose.
7. Do not wear makeup the day of surgery.
8. Wear comfortable clothing and a short sleeve shirt.
9. Arrange for someone to stay with you at home the day of surgery.
10. Payment is due at the time of service.
11. In consideration of other patients, please give 48 hours' notice for cancellations.
12. Do not consume alcohol or any Marijuana/Cannabis/Tobacco products 48 hours prior to surgery. This will affect the level and safety of your anesthesia.
13. If taking any GLP-1 medications (e.g., Ozempic, Wegovy, Mounjaro):
 - Nothing to eat or drink (NPO) for 12 hours prior to surgery.
 - Follow a clear liquid diet 1 day prior to surgery.
 - Hold the medication for 1 week prior to surgery.

For questions or concerns, please call your office's number at any time.

ANTELOPE VALLEY

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